

ALLENTOWN HOSPITAL  
HEALTH SCIENCES LIBRARY



**An Adolescent Psychiatric Unit**, the only one in the Lehigh Valley, was opened at The Allentown Hospital on March 6. The 11-bed unit is specifically designed for the treatment of troubled 12- to 18-year-olds. In the past, teens requiring psychiatric care were hospitalized in the same unit with adults. The new adolescent unit offers a unique educational component. An educator from the Allentown School District is available every day to assist the patients in maintaining their academic skills. The patient rooms are decorated and equipped with special furnishings for teenagers (above). The unit also has a recreational activities room. (See pages 6 and 7 for more information.)

## Go Ahead, Volunteer

They have infiltrated almost every department in The Allentown Hospital. Their ages range from 14 to 85 and they donated approximately 68,000 hours of their time last year.

What do they all have in common? They have made a commitment to go ahead, and volunteer. Every day they contribute a variety of essential services to the Hospital.

The over 300 adult volunteers at The Allentown Hospital were honored at a dinner in April to celebrate Volun-

teer Week (April 20-27). Hospital president Darryl R. Lippman, who spoke at the special event, said, "This was our way of thanking the volunteers for the many hours they give throughout the year." A similar event is held every summer for the Hospital's 50 junior volunteers.

According to Hazel Kramer, director of volunteers at the Hospital for 23 years, "The value of volunteers goes

(Continued on page 4)

## Golf Tournament to Benefit Troubled Teens

The Junior Aides of The Allentown Hospital is sponsoring its third annual Invitational Golf Outing on Monday, June 2 at Brookside Country Club. Proceeds from the golf outing will go to the purchase of a van for the Hospital's new Adolescent Psychiatric Unit. The van will be used to transport teenage patients at the Hospital to area recreational facilities.

Hospital board chairman Bob McNabb and his wife, Bernie, are the honorary chairpersons for the event.

The tournament gets off to a shotgun start at 1 p.m. An awards dinner will be held starting with cocktails at 6 p.m.

There is an \$85 entry fee (\$65 for Brookside members) which includes greens fees, a light lunch, beverages on the course and an awards dinner. Reservations can be made by calling Kathy Flannery at 398-1771.

The Junior Aides committee members are Christine Spanos, East Texas, chairperson; Kathleen Flannery and Gail Hughes, Wescosville, reservations; Dayle West and Liane Sinkovits, Allentown, advertising; Donna Torbert, Allentown, sponsorship; Connie Paisley and Freda Witmer, Allentown, prizes; Cindy Sadler, Allentown, public relations; Debbie Reinhard, Allentown, mailings; and JoAnn Kelley, Allentown, day of event chairperson.

Junior Aides of The Allentown Hospital provides financial assistance and volunteer support for the Maternal and Children's Center of The Allentown Hospital.

**Eleven New Associates  
Inducted...See page 3**



# PRESIDENT'S CORNER



## New Policy to Create Healthier Hospital Environment

As part of our commitment to public health, The Allentown Hospital and the Lehigh Valley Hospital Center have adopted a new no smoking policy. As of April 1, smoking by anyone who enters either hospital is limited to one designated area. We feel this is an important means of promoting wellness and creating a healthier environment in which everyone can work, eat, socialize and recuperate.

You may recall that in October the HealthEast hospitals launched a year-long wellness campaign, **HealthCounts**. As part of that effort, we offered smoking cessation classes and counseling to employees who wanted to quit smoking. Many of our employees have taken advantage of this opportunity. As a way of extending this benefit to the community, we continue to offer smoking cessation classes to the public.

We know that tobacco is addictive and how difficult it can be to "kick the habit." Although we sympathize, we feel very strongly that as a health care institution we cannot support a habit that annually costs us the lives of thousands of people and billions in health care dollars. There is an additional cost in sick time used more often by those employees who smoke.

Our patients, employees, volunteers, physicians, students and visitors are too important to us.

Our new policy was adopted after consultation with our employees. A large majority said smoking should be limited to specific areas of the Hospital. They told us smoking poses a serious health risk to themselves and our patients.

We realize, however, that for some patients and visitors under stress or in a crisis situation, smoking cessation would be detrimental, and there are provisions for that. Patients are allowed to smoke only by written order of their

physician. Smoking by all others is permitted in one designated area. At The Allentown Hospital, that area is a lounge on the first floor. This makes it possible for non-smokers to enter and leave the Hospital without ever coming in contact with secondary smoke.

We take seriously our role as a leader in providing health care in the region. We want all our neighbors — homes, businesses and schools — to know that we regard smoking as an extreme risk to health and ask you to join us in keeping indoor areas as smoke free as possible.

Please consider, as we did, these convincing facts:

- The U.S. Public Health Service cites smoking as the "largest, single, unnecessary cause of illness and early death." The U.S. Surgeon General has increased the list of diseases and illnesses linked to cigarette use and declared smoking as "the most important health issue of our time."
- It has been estimated that health care costs resulting from cigarette smoking fall in the range of \$16 billion annually.
- The National Center for Health Statistics found that smokers are ill more often than non-smokers, lose more days from work, and are more likely to suffer from chronic conditions.
- Children are particularly sensitive to the effects of cigarette smoke. Frequency of respiratory symptoms in children is directly proportional to the amount of smoke in a child's environment.

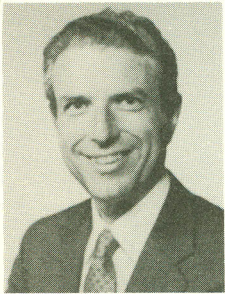
Given all that we know about smoking, and given our commitment to helping improve the lives of those we touch, we think it is our responsibility to provide a healthier environment.

We thank you for your support and cooperation.

*Dennis Lippman*



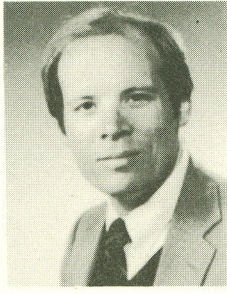
# Eleven New Associates Inducted



Leonard S. Bloch



Peter F. Blume



Ross B. Born



Gordon B. Fister



Judy V. Fulmer

The Allentown Hospital has welcomed 11 business, civic and community leaders as new members of its Board of Associates. The Board of Associates, formed in 1982, is dedicated to improving the communications between The Allentown Hospital and the region it serves.

"The Board of Associates assists the community in achieving a broader understanding and appreciation of the philosophy of the Hospital," Hospital president Darryl R. Lippman said. "We are elated to have a number of outstanding community leaders join the Associates."

Newly-appointed members include the following Allentown residents. **Leonard S. Bloch** is president of Leonard Manufacturing Co. Inc., Allentown. President of Temple Beth El, he also serves on the St. Luke's Hospital board of trustees.

**Peter F. Blume**, director of the Allentown Art Museum, has been involved in historic preservation through the Old Allentown Preservation Association and the city's Historic Architectural Review Board. He served as vice chairman of the review board.

**Ross B. Born**, vice president of Just Born, Inc., Bethlehem, is a member of the Allentown Rotary Club. He has also served on the boards of the Jewish Federation of Allentown, Jewish Family Service, and Jewish Community Center.

**Gordon B. Fister** is a retired editor of *The Morning Call*, where he worked for 45 years. He wrote a book about The Allentown Hospital entitled *Half Century* and edited other Hospital publications. He coordinated the public campaign that raised millions of dollars to build the new Allentown Public Library.

**Judy V. Fulmer** is executive director of HGF Organization, Inc. She is a member of Cedar Crest

College's board of trustees and is active in a number of other civic organizations.

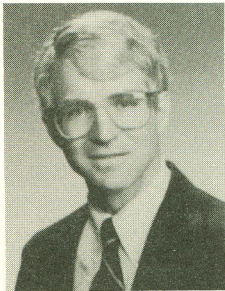
**Anthony M. Muir Esq.**, who has been practicing law for 13 years, is a partner in the law firm of Scoblionko, Scoblionko, Muir & Bartholomew. He is a member of the Pennsylvania Stage Company's board and has served on both Muhlenberg and Cedar Crest College's board of associates.

**Frederick L. Saracino** is an insurance agent representing State Farm Life Insurance. He is a member of the Life Underwriters Association's board of directors. He also belongs to the Western Lehigh Optimist Club.

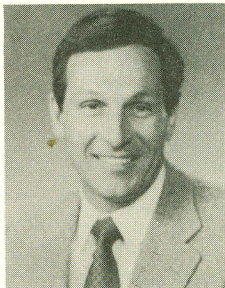
**Neal R. Shoemaker** has worked for the Allentown School District for 25 years and is the district's business manager. He is the vice president of the American Lung Association of the Lehigh Valley and secretary/treasurer of the Allentown Public Library.

**Walter W. Toth**, treasurer of Lehigh Structural Steel Company, is a member and past president of the Allentown Lions Club. He serves on the board of directors of the Association for the Blind and Visually Impaired of Lehigh County.

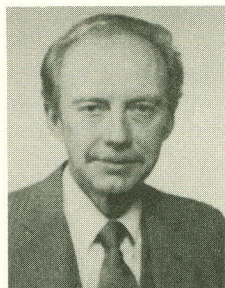
Also appointed were: **Richard C. Raab** of Macungie, manager of the Sears Roebuck and Co. store in Whitehall and **Scott R. Stoneback** of Alburtis, president and executive producer of The Media People, Inc. Raab serves on the board of directors of United Way in Lehigh County and the board of associates of Muhlenberg College. Stoneback, the mayor of Alburtis, serves on the board of Dream Come True, an organization that fulfills the wishes of terminally-ill youngsters. He is also a member of the Allentown Museum of Art's board of associates.



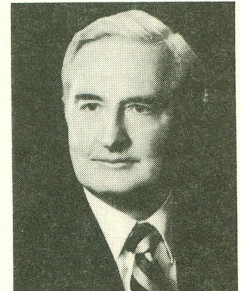
Anthony M. Muir Esq.



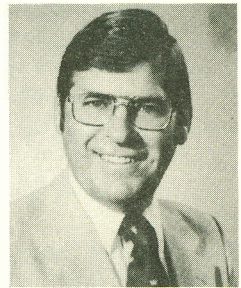
Frederick L. Saracino



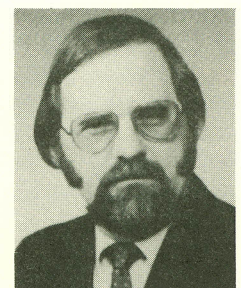
Neal R. Shoemaker



Walter W. Toth



Richard C. Raab



Scott R. Stoneback





*Becoming involved with the community* is important to the staff of The Allentown Hospital's Dental Department. Members of the dental staff recently screened 45 children at the Easter Seal Society in Bethlehem. (Above) Michele Ferguson, D.M.D., assistant director, dental residency program, checks a young patient's teeth. Part of the examination involved a screening for spots or lumps on the lips, gums, tongue or tonsils. The children screened by the three dentists and two dental assistants from the Hospital, are preschoolers whose development has been delayed. Many have speech, language, hearing or physical impairments. The Hospital's dental unit is especially designed to care for patients in special medical categories including the physically or mentally handicapped, pregnant women, patients with heart disease or on chemotherapy.

## Go Ahead, Volunteer (Continued from page 1)

beyond numbers to the true compassion and talents these people offer."

Volunteers give their time and energy to make others feel better. Their help may be in the form of giving a friendly smile to patients, assisting a pharmacist or working with the children on the Pediatrics floor.

"Volunteers are very unselfish. They listen to patients and family members and they always retain their sense of humor, which is important in any job," said Harriet Samuels, a volunteer who heads a corps of volunteer patient representatives.

Hospital volunteers represent all age groups and occupations and many are senior citizens. "Regardless of their age, interests or talents, volunteers have always been able to find an area in the Hospital that suits their needs," Kramer said. The work is flexible since they can choose the type of work they

like to do and how many hours they would like to work.

According to volunteer Russell Laub of Allentown, "Volunteer work is rewarding — it gives you satisfaction knowing that you did something that will help someone else." He and his wife, Clare, donate over one thousand hours to the Hospital in a year.

Even the Hospital's other volunteer groups help each other. Traditionally, the Gift Shop has been staffed by Hospital Auxiliary members. Recently, Junior Aides members, who concentrate their efforts on the Pediatrics Department, have volunteered to help in the Gift Shop.

"We are benefitting from the additional help from the Junior Aides while Junior Aides will now receive some of the proceeds from the Gift Shop," said Lorraine A. Fenstermacher, Auxiliary

president.

This year the Hospital launched a new volunteer recruitment program called "Go Ahead, Volunteer." A new brochure highlights volunteer opportunities available in many areas including: the Renal Center, Emergency Center, Ambulatory Surgical Unit, Newborn Nursery, Pharmacy, Library, and Information Desk. Some jobs involve contact with patients, and others are more clerical in nature.

Anyone interested in volunteering can receive a copy of the "Go Ahead, Volunteer" brochure by calling Hazel Kramer at 778-2391, Monday through Friday between 8:30 a.m. and 5 p.m. Kramer is also available to speak to church, civic or social groups about volunteer opportunities at the Hospital.

Karen M. Fox  
Public Relations Intern



## Hospital Making Free Follow-Up Care Available To Preemies



***Premium Care of Preemies** is available through the Neonatal Intensive Care Unit (NICU) during an infant's Hospital stay and after discharge. The Hospital is participating in a state program which will provide very low birthweight infants with free follow-up care. During his hospitalization, three-week-old Kevin Joseph, son of William and Maureen Sawyer, Allentown, was checked by NICU director Edward C. Denny, M.D.*

The Allentown Hospital is participating in a new state program through the Forrest G. Moyer, M.D. Neonatal Intensive Care Unit (NICU). The free program provides follow-up care for very low birthweight infants.

Through the Hospital's NICU, parents of low birthweight infants are informed of the availability of follow-up services for babies born weighing less than 3 pounds, 5 ounces. These services, including free screening and pediatric care, are intended to reduce mortality rates and the incidence of medical complications in low birthweight infants.

The new program, which went into effect in January, was established by the Pennsylvania Department of Health. Pilot projects have been done in Philadelphia and Pittsburgh.

Edward C. Denny, M.D., the Hospital's director of the NICU, said The

Allentown Hospital was chosen for the program because a large number of very small babies are cared for in the Hospital's NICU. "We want to make sure parents are aware of the services available to help their babies grow up to lead healthy, normal lives," he said.

Even before the Hospital was asked to participate in the state program, the NICU provided information for parents about the availability of supplemental food, financial assistance and special programs devoted to specific health disorders. As part of the Hospital's standard program, special services are offered including support groups and equipment designed for home care.

Denny announced that Janice L. Mayer, M.S.W., a pediatric social worker, will be coordinating the Hospital's role in the state program. Mayer, who counsels maternal and child care patients and their families, discusses

the new follow-up services with parents prior to an infant's discharge. She enrolls interested participants.

According to Mayer, the state provides funding for three visits by state health nurses. She said the first visit is one or two weeks before discharge, the second within two to six weeks after discharge and the third when the infant is nine to twelve months old.

During the visits, the nurses make sure that the infants are screened for vision and hearing problems which frequently affect those in the low birthweight group. The nurses also monitor the baby's development and check whether the child has been immunized and is being seen regularly by a pediatrician.

The Hospital's Pediatric Clinic is available for regular check-ups and follow-up care of the children participating in the state program.





# When Good Kids Go

## A Cry for Help

What can be done about the growing problems that, in addition to the usual "growing pains," face adolescents today?

Under pressure from parents and teachers, teens have taken matters into their own hands," says John Mitchell, M.D., chairman of The Allentown Hospital's Department of Psychiatry. "They have tried to do something about their problems. Consequently, we have seen the suicide rate increase almost 140% between 1960 and 1980," Mitchell says.

"Researchers have found that among 16- to 17-year-olds, deaths in vehicular accidents have increased 43% and homicides have increased 232%," Mitchell adds. Drug and alcohol use among 12- to 17-year-olds has increased 139% and 56%, respectively.

Experts like Dr. Mitchell fear that domestic upheaval and the change in the nature of problems faced by teens, have reduced the ability of parents and teachers to deal with what were once regarded as ordinary "growing pains."

## Teen Psychiatric Unit Opened

Nationally, adolescents and their parents are turning to counselors, therapists and psychiatric care units to intervene with these new and special concerns. In the Lehigh Valley, The Allentown Hospital has responded to the changing needs of youths and parents by opening an 11-bed facility dedicated solely to serving the psychiatric and emotional needs of adolescents.

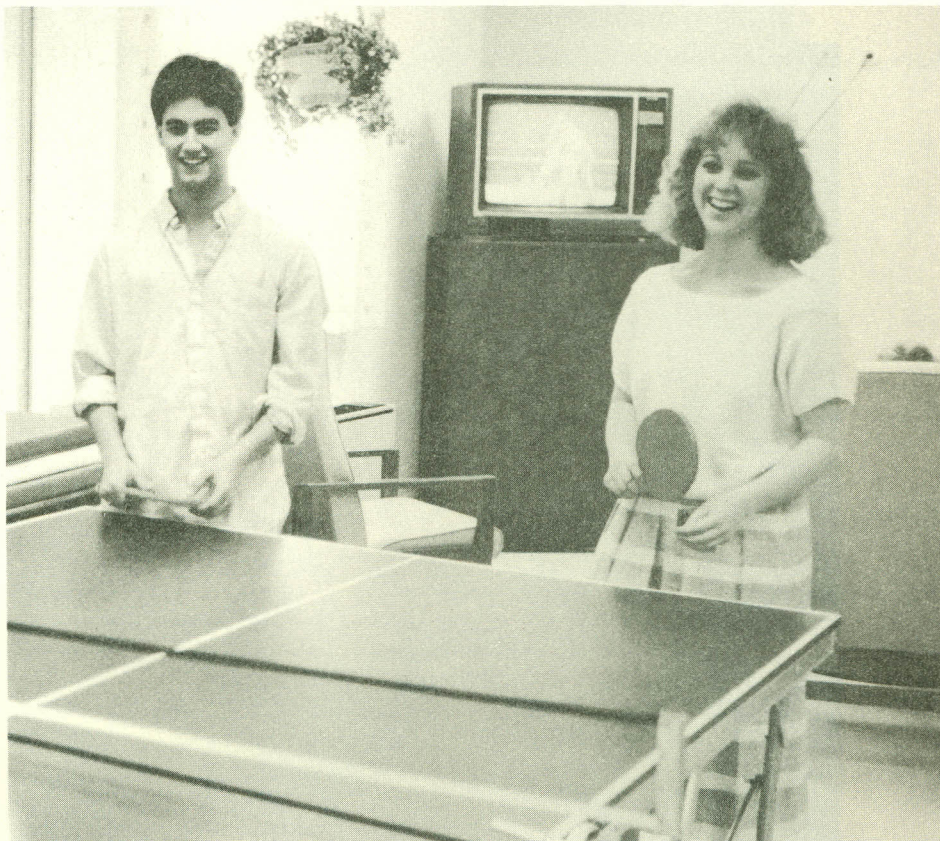
The adolescent unit, the only one in the Lehigh Valley, is designed for the treatment of 12- to 18-year-olds with serious mental or behavior problems.

According to Mitchell, "In general, we are seeing kids who are depressed, severely anxious and those who have tried to run away from home or have severe difficulty in the classroom. We are also prepared to treat adolescents with early signs of severe mental or emotional problems."

## Treatment Approach

Located at the north end of the Hospital's sixth floor in a newly-constructed addition, the adolescent unit contains three private rooms and four semi-private rooms. There is a lounge, an activities room and a quiet/observation room.

A multidisciplinary team develops an individualized plan for each teenager. Each patient is under the care of



*The activities room in the new adolescent unit provides one form of therapy for patients. The staff is experienced in helping young people through individual, group and recreational therapy oriented to their special needs. The treatment team of a psychiatrist and a psychologist, with a staff of nurses, social workers and therapists, develops an individualized plan for each teenager. The multidisciplinary team aims to increase the adolescent's ability to cope with every day experiences.*

an attending psychiatrist. Jeffrey W. Knauss, Ed.D., a psychologist from Quakertown, heads the new unit. As program director, he administers the therapy plan designed by clinical staff members. (See story on Knauss, page 7).

"On a unit dedicated to adolescents, we can offer a staff experienced in helping young people through individual, group and recreational therapy oriented to their special needs and family counseling," Knauss says. "We can also provide an educational component through the Allentown School District not available on an adult unit." In the past, teenagers had been hospitalized in the same units as adult psychiatric patients.

## Answering the Need for Help

The new unit for teens was planned a year ago when a task force of doctors, nurses, social workers and members of community service agencies deter-

mined a regional need for the service, says Barbara Sherman, Hospital vice president. "We studied how the Hospital could take a leadership role to fill

(Continued on page 8)

## For more help...

If you need to refer someone to The Allentown Hospital's Adolescent Psychiatric Unit, or if you need assistance with a troubled teenager, call this number...

**778-2809**

For your free brochure on the Adolescent Unit, call this number...

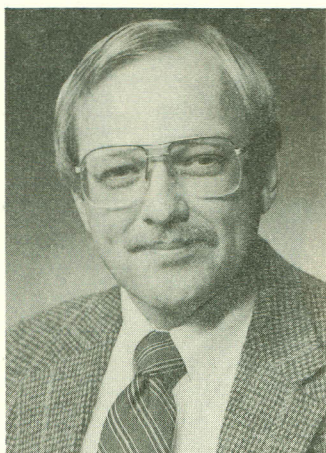
**778-3742**



# Through Bad Times



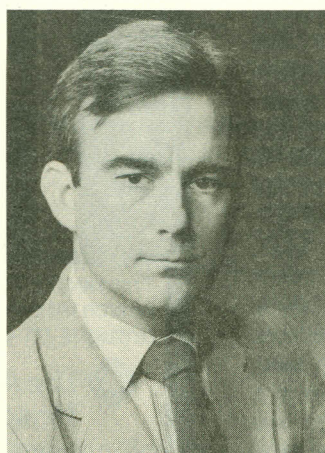
## Meet the Team of Professionals



**Jeffrey Knauss, Ed.D.**



**Priscilla Jacobsen, R.N.**



**Thomas North, O.T.R.**



**Lee Levine, M.S.W.**

The Allentown Hospital named four staff members to provide administrative and clinical support to the newly-opened Adolescent Psychiatric Unit. Jeffrey W. Knauss, Ed.D., heads the new unit as program director and Priscilla Jacobsen, R.N., is the new head nurse.

C. Thomas North, O.T.R., director of adjunctive therapies, and S. Lee Levine, M.S.W., social services supervisor for the Hospital's psychiatric units, will provide additional support to the adolescent unit.

**Jeffrey Knauss**, a Quakertown psychologist, formerly served as assistant director of psychological services in the Department of Psychology at Eastern State School and Hospital, Trevoze, Pa. He served as an adjunct faculty member at Bucks County Community College.

Knauss was a psychological services associate for the Pennsylvania Department of Justice at Graterford's State Correctional Institution. He was director of the Lehigh Valley Opportunities Center, Bethlehem, and a psychologist for Lehigh Valley Drug and Alcohol Abuse Services, Allentown.

While studying for his doctorate, Knauss worked with Knoxville's Child and Family Services and was a school psychologist for the Knox County Board of Education. He also taught part-time at State Technical Institute in Knoxville and Roane State Community College, both in Tennessee.

A native of Allentown, Knauss holds a bachelor's degree in psychology from Muhlenberg College, a master's in counseling from West Chester University and a doctorate in psychology from the University of Tennessee, Knoxville.

A certified school psychologist, he is licensed to practice psychology in both Pennsylvania and Tennessee. Knauss is certified by the National Registrar for Health Care Providers in Psychology.

**Priscilla Jacobsen** of Zionsville, the unit's head nurse, was a health service specialist at Good Shepherd Rehabilitation Hospital's Vocational Center and an instructor for the health assistant program at Bethlehem Area Vocational-Technical School.

Before joining the staff at The Allentown Hospital, Jacobsen was administrator of health services at Cedar Crest College. She coordinated health care services and health education for 550 students.

Jacobsen is a graduate of Cedar Crest with a bachelor's degree in nursing. She is also a graduate of Episcopal Hospital School of Nursing, Philadelphia.

Jacobsen is studying for a master's degree in counseling at Kutztown University. She also completed courses in psychology at National Training Labs, Bethel, Maine, and Western Institute for Group and Family Therapy, Watsonville, California.

As the department of psychiatry's director of adjunctive therapies, **Thomas North** oversees occupational, recreational, group and related therapies for the adult and adolescent units. He works closely with staff psychiatrists and nurses in developing individualized rehabilitation plans for psychiatric patients.

Since 1980, North served as director of the occupational therapy division at Allentown State Hospital.

North was previously supervisor of occupational therapy at Philadelphia State Hospital, where he received his

post-graduate training in mental health.

A graduate of the Pennsylvania State University with a bachelor's degree in psychology, North studied psychology at the graduate level at Temple University. He later completed the occupational therapy certification program at the University of Pennsylvania.

North, a registered occupational therapist, is a member of the American and Pennsylvania Occupational Therapy Associations.

**Lee Levine** of Easton, who had served as a social worker for the adult psychiatric since 1984, is now responsible for the administration of all psychiatric social services at the Hospital. She supervises social service personnel for the adult and adolescent units and coordinates services for patients in preparation for discharge.

Levine will also serve as The Allentown Hospital's liaison with the alcoholism and drug treatment program at Slate Belt Medical Center. Both facilities are part of the HealthEast system.

Before joining the Hospital staff, Levine worked for New Jersey's Division of Mental Health and Hospitals and served for five years as a social worker for New Jersey's Department of Corrections.

Levine received her master's degree in social work from Marywood College, Scranton. She is a graduate of Cedar Crest College, where she earned a bachelor's degree in sociology and social work.

Levine serves on the advisory board for Cedar Crest's Department of Social Work. She is a member of the National Association of Social Workers.



## Residency Program Meets Approval Standards

The Allentown Hospital's residency program in obstetrics and gynecology has received accreditation for five years from the national Accreditation Council for Graduate Medical Education. The approval, granted by the council's Residency Committee, is considered unusual because of the length of the accreditation period.

According to Sze-Ya Yeh, M.D., chairman of the Hospital's Department of Obstetrics and Gynecology (Ob/Gyn), residency programs seldom receive approval beyond four years. Yeh said, "The review committee's decision is a reflection of the high standards we have set for educating young physicians in maternal and fetal medicine."

The four-year residency program, which graduates two physicians each year, is one of the few programs in the country run by a community hospital without support from a major medical school. Yeh said, "Our program is totally self-contained. All training is done here within the hospital, something that is rare among residency programs of this type."

Yeh oversees the residency program and serves as educational coordinator of maternal-fetal medicine. Coordinators of other aspects of the program include Gregory J. Radio, M.D., and Chong S. Lee, M.D., reproductive endocrinology and infertility, and Henry Fetterman, M.D., and George Lewis, M.D., gynecologic oncology.

## When Good Kids Go Through Bad Times

(Continued from page 6)

the community's needs and with input from our psychiatrists, developed the adolescent program's structure," Sherman says.

Since the new facility opened March 6, 19 patients, 15 females and 4 males, have been referred to the unit through staff psychiatrists, other hospitals, community mental health specialists and agencies, school counselors and Crisis Intervention.

The average patient stays in the unit three to six weeks.

Access to the unit can be made through Hospital staff psychiatrists or as a direct referral to the program. In response to many inquiries about the new unit, a special phone number, 778-2809, was instituted for anyone to get information about the Hospital's adolescent services.

# HEALTH TIP

This Health Tip is part of a health information series brought to you by:



**The Allentown Hospital**

A HealthEast Hospital

For more information: call The Allentown Hospital Department of Psychiatry, **778-2809**.

## Recognizing the many faces of adolescent depression

Learning to accept the pressures of growing up can be tough and can cause depression for many children. Different teens react in different ways.

Some **withdraw** from friends and family. Their silence could be a cry for help. Others **put on a happy face**, pretending nothing is bothering them while the pressures build up inside.

When the smile disappears, a child may think of suicide as an alternative. Here are some of the signs of depression you as a parent, teacher, counselor or friend can learn to recognize before they become dangerous.

- **drastic changes** in sleeping or eating habits, weight loss or anorexia, headaches or stomachaches.
- extreme irritability, weepiness.
- lack of interest, low self-esteem.
- a sudden drop in grades or not wanting to go to school.
- giving away prized possessions and making self-destructive statements. This is an important sign that an adolescent may have made the decision to commit suicide.

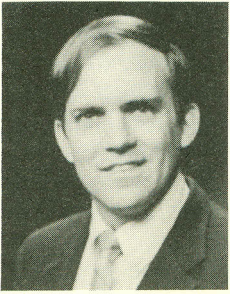
These are just some of the symptoms that should alert you. Should your child appear troubled for an unusually long period of time, do not hesitate to seek professional help at once.



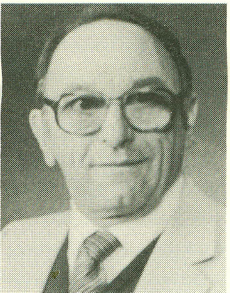
# New Medical and Dental Staff



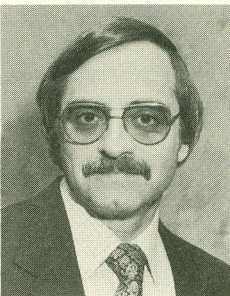
**Robert A. Barnes, D.O., Department of Medicine, Division of Family Practice**, is a graduate of the Philadelphia College of Osteopathic Medicine. He completed an internship at Allentown Osteopathic Medical Center, where he is a preceptor for medical externs and interns. Barnes is a member of the local, state and national osteopathic associations. He also belongs to the Pennsylvania Osteopathic General Practice Society. A staff member at Allentown Osteopathic, Barnes is in group practice in Emmaus with John Heid, D.O.



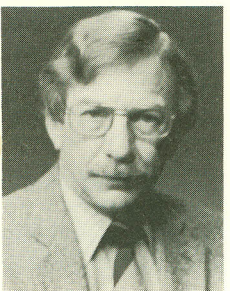
**Robert Biggs, D.O., Department of Medicine, Section of Cardiology**, is board certified in internal medicine and cardiology. He is also a staff member at the Lehigh Valley Hospital Center. Biggs was the director of cardiac rehabilitation and assistant professor of medicine at Chicago College of Osteopathic Medicine. He was also director of coronary care at the Naval Regional Medical Center, Charleston, S.C. A graduate of the Philadelphia College of Osteopathic Medicine, where he completed his residency in internal medicine, he served a fellowship in cardiology at the Deborah Heart and Lung Center in New Jersey. Biggs is in private practice with John Paulus, M.D., at the Allentown Medical Center, 17th and Gordon Streets, Allentown.



**Domenic M. Falco, D.O., Department of Medicine, Division of Family Practice**, is the chief athletic physician for the Allentown School District. He is a staff member at Allentown Osteopathic Medical Center, where he was medical staff chairman in 1969-70 and 1980-83. Falco graduated from the Philadelphia College of Osteopathic Medicine. He is a member of the American and Pennsylvania Osteopathic Medical Associations.



**John N. Heid, D.O., Department of Medicine, Division of Family Practice**, is a graduate of Kansas City College of Osteopathic Medicine. He joined the staff at Allentown Osteopathic Medical Center after completing an internship there in 1976. Heid is a member of the local, state and national osteopathic associations. He also belongs to the Pennsylvania Osteopathic General Practice Society. Heid maintains a private practice in Emmaus called East Penn Family Practice Associates with Robert Barnes, D.O.



**Harold G. Kunz, M.D., Department of Radiology**, was a staff member at St. Peter's Hospital, Albany, N.Y., working in both radiology and computerized tomography (CT scan) until last year. He had been a staff radiologist at St. Louis' Lutheran Hospital from 1973-79. Kunz received his medical degree from the Medical College at Cornell. He served an internship and residency in surgery at New York Hospital. He also completed a residency at the Mallinkrodt Institute of Radiology, St. Louis, Mo. Certified by the American Board of Radiology, Kunz is in private practice with Allentown Radiological Association, 3131 College Heights Blvd., Allentown.

(Continued on page 10)



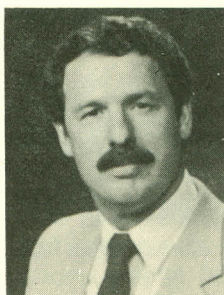


**Taking control of cancer** was on the minds of 49,353 Lehigh Valley residents who took a home test for the early detection of colon-rectal cancer. The screenings were done as part of a three-week public campaign sponsored by the Comprehensive Community Cancer Center, a service of The Allentown Hospital and the Lehigh Valley Hospital Center. The campaign culminated in April, nationally known as Cancer Control Month. The nearly 23,000 slides returned to local Rea and Derick stores were checked in at the Cancer Center (left). After the tests were processed, people with positive results were notified and advised to visit their doctor for further diagnosis. According to Cancer Center staff members, the stool sample tests are the easiest ways to test for growths or tumors in the colon, possible early signs of cancer.

## New Medical and Dental Staff (Continued from page 9)



**Nancy R. Matus, M.D., Department of Medicine, Division of Dermatology**, received her medical degree from New York University's School of Medicine. She served a residency in dermatology at Philadelphia's Hahnemann Medical College, where she is an assistant clinical professor. A consultant at Warren Hospital in New Jersey, Matus is chief of Easton Hospital's dermatology division. She is a member of the American Academy of Dermatology and maintains a private practice in Easton.



**Patrick B. Respet, M.D., Department of Surgery, Division of Orthopedics**, has been in private practice in Johnstown, where he served on the staffs of Lee Hospital and Mercy Hospital. He was a clinical instructor in orthopedics at Johnstown's Connemaugh Valley Memorial Hospital. A graduate of Hahnemann University in Philadelphia, Respet is board certified in orthopedic surgery. He was an intern and resident in adult orthopedics at Geisinger Medical Center in Danville and a resident in children's orthopedics at the A.O. duPont Institute, Wilmington, Del. He later completed a fellowship in orthopedic traumatology at Nassau County Medical Center, East Meadow, N.Y. Respet is in private practice with Orthopaedic Associates of Allentown, 1730 Chew St., Allentown.

**Stephen S. Robb, M.D., Department of Pediatrics and Department of Medicine, Division of Family Practice**, received his medical degree from Jefferson Medical College of Thomas Jefferson University, Philadelphia. He was an intern and resident at Sacred Heart Hospital, Allentown. In 1984-85 he served as associate director of Sacred Heart's family practice residency program. Certified by the American Academy of Family Practice, Robb is in private practice with the Trexlertown Medical Group.



# Making the Rounds

**Russell B. Puschak, M.D.**, acting chairman, Department of Pediatrics, wrote an editorial advocating the use of child safety seats which was published in the Sunday, March 2 edition of *The Morning Call*. Entitled "Buckle up baby — it could save his or her life," the article highlighted The Allentown Hospital's car seat program. Puschak noted that since a Pennsylvania car seat law went into effect in January 1985, the Hospital has distributed over 500 car seats to insure that babies born at the Hospital get off to a safe start. He also commended all Hospital personnel and other community groups who participated in Child Passenger Safety Week.

**Charles W. Umlauf, M.D.**, staff psychiatrist, presented a lecture at the annual meeting of The American Medical Electroencephalographic (EEG) Association in Cancun, Mexico. Umlauf, who is a councilor-at-large for the national association, spoke on the use of EEGs for the diagnosis and treatment of epilepsy. An EEG records waves which represent the electrical activity in the brain.

**John S. Jaffe, M.D.**, urologist, Department of Surgery, is the co-author of an article published in *The Journal of Urology*. The article, about an unusual urinary tract infection, was written with **Richard London, M.D.**, gastroenterologist, and **Joseph Candio, M.D.**, internist, both from the Hospital's Department of Medicine. Their article reports a case of a large bowel inflammation associated with the use of antibiotics and is entitled "Pseudomembranous colitis following low dose

trimethoprim-sulfamethoxazole."

**Stephen K. Klasko, M.D.**, staff obstetrician/gynecologist, gave a lecture, "Exercise, Nutrition and Sex During Pregnancy," as part of a free health series for the public. The Maternal and Children's Center series also featured a talk entitled "Sneezing, Wheezing and Your Child's Allergies" by **Kenneth J. Toff, D.O.**, Department of Pediatrics.

**Diane C. Halstead, Ph.D., A.B.M.M.**, director of immunology and microbiology, HealthEast Clinical Laboratories, served on the program committee for two recent conferences. The first conference, sponsored by the Lehigh Valley Association for Clinical Microbiology and Immunology, was entitled "Nontuberculous Mycobacteria." The other conference, for health care professionals, was sponsored by the Bethlehem Council on Alcoholism. The topic was fetal alcohol syndrome, one of the three leading causes of birth defects.

**Gregory Lang, M.D.**, obstetrician/gynecologist, was a speaker for the day-long fetal alcohol syndrome conference. He and **Leonard Golub, M.D.**, neonatologist, Department of Obstetrics and Gynecology, were guests on the WFMZ-TV (Channel 69) program "Talk with Your Doctor." The show featured local experts who discussed fetal alcohol syndrome, a condition which endangers newborns. It ranks only behind Down's syndrome and spina bifida as the most common cause of mental retardation among infants.

**Charlotte Cruse, R.N., B.S.N.**, and **Donna Atkinson, R.N., B.S.N.**, Educa-

tional Development Department, conducted a workshop, "Nursing Process and Nursing Diagnosis" at Nesbitt Memorial Hospital, Wilkes-Barre. Presented to nursing management, the course is an update on current nursing practices. They presented similar workshops for the nursing staff at The Allentown Hospital and Lehigh Valley Hospital Center.

**Lisa Taylor, A.C.S.W.**, renal social worker, was a guest speaker at the annual meeting of the National Association of Social Workers' (NASW) local chapter. She spoke about her experiences as a social worker in Sweden. Taylor is vice president of NASW's Pennsylvania chapter. At The Allentown Hospital, Taylor and **Cindy Lynch Paret, R.D.**, renal dietitian, coordinate a support group for patients on home hemodialysis. They recently began publishing a special newsletter for the support group. The publication contains articles written by dialysis unit and nursing staff members, patients and family members. The newsletter is published five times a year and features a special dietary column.

**The Pediatrics Department** held a special program in observance of National Children and Hospitals Week. The event was designed to teach children over three years old that a hospital is not a scary place. Children brought dolls and stuffed animals to use as patients. They took a tour of the Hospital's 28-bed Pediatrics Unit and viewed a film entitled "I Went to the Hospital."



# CARE CLUB

“I would like to thank you and your fine staff for the superb performance in handling my wife's emergency admission to The Allentown Hospital.

My wife's hemoglobin level was very low due to continued postpartum bleeding. Dr. Lang decided to have Toby admitted since the bleeding appeared to have worsened. Soon after she was placed into a wheelchair for transport to the hospital, she fainted. In a life-threatening situation like this one, it was comforting to watch the speed and professionalism exhibited by your ASU (Ambulatory Surgery Unit) and OB (Obstetrics) staff.

Please pass on Toby's and my heartfelt thanks to all who responded to our emergency. We made the right decision when we switched to The Allentown Hospital for the delivery of our second child.

David C. Rabold  
Coopersburg

I am writing you to compliment you on the excellent staff you have acquired on 6 North and South (Psychiatry). Having spent two weeks there, I am very impressed by their dedication and kindness. The entire staff provided such a therapeutic milieu that I could not help but improve and recover. Everyone seems to enjoy his work.

Please give them a pat on the back for me. I miss them!

B. H.  
Easton

The nurses were very thoughtful, considerate and caring in all units — ICU (Intensive Care Unit), Dialysis and on the Fourth Floor. My compliments to your staff.

Charles Kucsan  
Bethlehem  
(ICU and 4-S patient)

Highest praise for the care in ACCU (Acute Coronary Care Unit) and in room 439. Robert's speedy recovery was due to the superlative hospital staff.

We thank you from the bottom of our hearts.

Mr. and Mrs. Robert Billig  
Kempton

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